



Annai College of Naturopathy and Yoga Science

Quality Education for Today and Tomorrow

Anakudi Road, Kovilacheri, Kumbakonam, Thanjavur, Tamil Nadu, India - 612 503.

Affiliated to the Tamilnadu Dr.M.G.R. Medical University, Chennai.



BACHELOR OF NATUROPATHY AND YOGIC SCIENCES (BNYS)

www.acnys.edu.in

Counseling
Code

735

About ACNYS

ACNYS has been instituted under the K.K.O.Mohamed Ibrahim Educational and Charitable Trust, Affiliated to The Tamil Nadu Dr.M.G.R. Medical University, Chennai with an objective of promoting high quality education for the today's younger generation and continue improving it for tomorrow's requirement.

Keeping in mind the changing scenario in all walks of life, the college consistently looks for new ways to adapt, upgrade and improve the educational process with clinical exposure. The College always thrives in delivering higher standards in education and enhancing it.



Naturopathy and Yogic Sciences

Naturopathy is a comprehensive system of health care within the complementary and holistic medicine that incorporates many treatment modalities. Naturopathy practice may include a broad array of non-pharmacological treatment modalities which includes manipulative therapy, hydrotherapy, fasting therapy, nutritional & dietetics, acupuncture, physiotherapy & chromotherapy.

Yoga is an ancient science and all way of life which helps in overall personality development and is an effective tool in maintaining health as well as preventing and managing diseases. With its very basic concepts of equilibrium between body and mind, the global scientists in medicine have approved this system as a healing science. The integral approach of yoga therapy brings balance at the physical, mental, emotional and also intellectual levels of being.



Eligibility

- >> Students from India & Abroad -Minimum 50% aggregate marks in Physics, Chemistry and Biology.
- >> Students from TamilNadu OC-50%, BC-45%, MBC-40%, SC/ST-35%, Minimum aggregate marks in Physics, Chemistry and Biology.



1

1st YEAR BNYS

18 MONTHS

Philosophy and practice of yoga |
Biochemistry | Human Anatomy | Human
Physiology | Philosophy of Nature Cure

2

2nd YEAR BNYS

12 MONTHS

Yoga & Physical Culture 1 | Pathology
| Microbiology | Diagnostic Methods in
Naturopathy | Modern Diagnostic Methods |
Basic Pharmacology

3

3rd YEAR BNYS

12 MONTHS

Yoga & Physical Culture 2 | Forensic Medicine
and Toxicology | Community Medicine |
Psychology & Basic Psychiatry | Obstetrics
and Gynecology | Massage, Chiropractic,
Osteopathy & Aromatherapy |
Nutrition and Herbology

4

4th YEAR BNYS

12 MONTHS

Yoga Therapy | Hydrotherapy & Clay therapy
| Fasting & Diet therapy | Chromotherapy
& Magnetotherapy | Physiotherapy |
Acupuncture | Minor surgery | Acupressure &
Reflexology | First Aid & Emergency Medicine |
Medical Ethics & Hospital Management



Professional Opportunities

- Physicians in Govt. Hospitals / Health Centres
- Higher Education Opportunities (MD, Ph.D, MPH, MHA) & academicians / Clinicians / Research Officers in Govt. & Private Medical Institutions
- Lifestyle Consultants providing disease based customized lifestyle management consultations in corporate / MNC hospitals
- Private clinical setups for the general public
- Health spa managers / Wellness directors across the globe in various health resorts, Med spas, Rejuvenation centers etc.



Salient Features

- Inspiring campus amidst natural surroundings
- State of the art laboratories, Museum, Dissection Halls, Lecture halls, Smart classes
- Central and digital library that provides a comprehensive collection of information resources
- Positive, dedicated and efficient teaching faculty
- Conduction of Value added Programs
- Field activities in the herbal garden on nutritional & therapeutic benefits of plant based foods
- Security and health care facility for all students
- Separate Hostel facilities for male and female students



Naturopathy & Yoga Hospital

- This full fledged 100 bedded hospital spreading over 15 acres of scenic natural surroundings
- Our Doctors, therapists and technicians work in sync with the institutional ideals and values which is to provide quality health care for our patients.
- Our Hospital also provides excellent patient educational services like weekly conduction of classes, seminars and workshops on health education.
- Our medicinal herbal garden has a good collection of herbs, which are maintained well. Students are regularly taught about the medicinal use of these herbs combined with natural therapies.



Government Recognition and Authentication

“AYUSH” Department of the Ministry of Health and Family Welfare in Various states registers the graduates as practitioners of Naturopathy and Yoga



Govt. Institutions related to Naturopathy & Yoga

- NIN, National Institute of Naturopathy, Pune
- CCRYN, Central Council for Research in Yoga and Naturopathy, New Delhi.
- MDNIY, Moraji Desai National Institute of Yoga, New Delhi



Annai Naturopathy and Yoga Hospital

Treatments Available

Enema, Hip bath, Spinal bath, Spinal Spray, Mud Packs, Steam Bath, Sauna Bath, Scientific Massage, Foot & Arm Bath, Chromo Therapy, Mud Bath, Immersion Bath, Under Water Pressure Massage, Pebbles Walk, Colon Hydro Therapy, Yoga Therapy, Asthma Bath, Magneto Therapy, Acupressure, Acupuncture, Physiotherapy etc.



FOR ADMISSIONS



Anakudi Road, Kovilacheri, Kumbakonam Taluk,
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SCAN ME

